

League Of veteran Racing Cyclists

Guidance for Course Risk Assessment

General

Cycle road racing has inherent dangers that cannot be completely eliminated – occasionally, falls and spills will occur, with resulting injuries. The wearing of helmets and the attendance of a First Aider and officials with the means to contact the Ambulance Service will be the normal control to try and minimize the consequences of these falls.

In addition, the minimum standards detailed below are considered sufficient to control the risk of collisions with traffic and to limit danger to the general public in most situations. Only the roads with heavier traffic and other identified hazards will therefore be considered by specific risk assessment.

Recommended Minimum Standards

1. Warning signs at approach to all road junctions and start / finish areas
2. Lead car with sign and flashing light
3. Following car with sign and flashing light
4. Marshalls as identified from specific risk assessment
5. Officials able to call an ambulance service.

Notes on Completion of Specific Risk Assessment

1. Locations to include all junctions to be negotiated, plus significant joining side roads / accesses, busier sections of the route, all other potentially hazardous features on the route.
2. Remember the course assessment is to cover all days, all times of year so include comment on all hazards even if they only occur at times other than the race you are thinking of eg churches on Sundays; Churches can have weddings on any day.
3. **'Location'** is the section or route under consideration
'Hazard' is something about the location which has the potential to cause harm and there may be more than one for each location.
'Possible Harm' is the consequence of the potential being realized and there may be more than one consequence for each Hazard
'Risk' is a combination of seriousness of the harm and likelihood of it happening. Use of one of **'Very Low'**, **'Acceptable'**, **'Medium'**, **'High'** or **'Very High'** – the rating used should be for the **uncontrolled** situation.
'Controls' are the measures taken eg Marshalls, signs, additional lead car, Police assistance, avoid certain days etc.